



Confidence and Hard-work is the best medicine to kill the disease called failure. It will make you a successful person.

- Dr. APJ Abdul Kalam

True mind
WELLNESS

Psychological Counseling Centre

truemindwellness99@gmail.com



**Certificate
Course**

**Psychology
Internship**

www.truemindwellness.in



INTERNSHIP PROGRAM

The importance of a quality internship program for both undergraduate and postgraduate psychology students are vital importance for their academic career. Internships, which might be better termed “practice internships,” may involve research, while research opportunities may come in the form of work-study programs or volunteer positions.

This is a well designed program by True Mind Wellness to help the students understand the internship process and pre-professional opportunity to prepare for a successful career in the field of Counselling and Psychotherapy.

It enhances awareness of the responsibilities and skills needed for professional development and employment in the field of psychological services, and requires a synthesis of human development in spiritual, social, emotional, and cognitive-behavioral patterns. It also provides an understanding of the behavior and learning potential of clients. Finally, it would also allow students to develop a meaningful framework for the application of Counselling skills.

What We Deliver

- Identification of relevant behavioral patterns within the context of an internship
- Application of psychological explanations to observed behavioral patterns in a "real world" setting
- Making interns able to select appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning
- Demonstration of skill in conducting an intake interview, a mental status evaluation, a mental health history, and a psychological assessment for treatment planning and case load management

Expected from an intern

- Submission of a report on any 10 cases that were discussed during the course of the internship, at the end of the course
- Ensuring that any client case-discussion taking place during the sessions, is kept confidential and not discussed out-of-the-session setting
- Regular attendance is expected to be able to receive the certificate at the end of the internship
- Active participation during the sessions and discussions for better learning



Course /Internship Requirements

Eligibility to apply:-

- Beginner Counsellors with Psychology/Social Work/Counselling Background
- Psychology UG, PG and M.Phil Students
- Social Work UG, PG and M.Phil Students
- Counselling & Psychotherapy Students



Types of Internship & Certificate Courses

We, at True Mind Wellness, offer various Internship & Certificate Courses

- One Month Internship
- Three Months Internship
- Certificate Courses

1 Month PSYCHOLOGY INTERNSHIP



For UG and PG Psychology/Social Work students

- This is an excellent internship program for UG and PG Psychology/Social Work students. This course focuses on adult disorders like Schizophrenia, Drug Addiction, Emotional Disorders etc. It also provides exposure to Psychological Tests and therapies. The program also provides exposure to the field of Special Education, Physical Health, Emotional well being etc.

Overview of the Internship Program

- Abnormal Psychology - Understanding different types of Mental Disorders like Depression, Stress, Neurotic & Psychotic Problems etc.
- Case History Taking
- Mental Status Examination
- Observation of real life cases, Role plays, Case discussions
- Training & demonstration of Psychological testing & evaluations
- Direct client interaction.
- Dealing with the client under the guidance of experienced Professional/s
- Supervision & understanding of real cases, implementation of theoretical knowledge, Report writing & Discussion.
- Exposure to Child & Adolescent Counselling, Sex Education & Counselling , Relationship Counselling etc.
- Key Highlights:
 - Offline - 10,000/- Rs. (120 hours)
 - Online - 5,000/- Rs. (120 hours)
- **You can also win The Best Intern Award .**

3 Month PSYCHOLOGY INTERNSHIP

For UG and PG Psychology/Social Work students



- This is an excellent internship program for UG and PG Psychology/Social Work students. This course focuses on adult disorders like Schizophrenia, Drug Addiction, Emotional Disorders etc. It also provides exposure to Psychological Tests and therapies. The program also provides exposure to the field of Special Education, Physical Health, Emotional well being etc.

Overview of the Internship Program

- Abnormal Psychology - Understanding different types of Mental Disorders like Depression, Stress, Neurotic & Psychotic Problems etc.
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- Training & demonstration of Psychological testing & evaluations
- Direct client interaction.
- Dealing with the client under the guidance of experienced Professional/s
- Supervision & understanding of real cases, implementation of theoretical knowledge, Report writing & Discussion.
- Exposure to Child & Adolescent Counselling, Sex Education & Counselling , Relationship Counselling, Family & Workplace Counselling etc.
- Psychological Tests, Therapeutic Counselling,
- Psychotherapy, Behaviour Therapy (BT), Cognitive Behaviour Therapy (CBT) & Rational Emotive Behaviour therapy (REBT)
- Indian Approaches to Psychotherapy: Yoga & Meditation, Relaxation Techniques
- Key Highlights : Offline - 12,000/- Rs. (240 hours)
Online - 7,500/- Rs. (240 hours)

You can also win The Best Intern Award & Placement Opportunity.

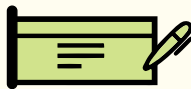
PAYMENT DEATILS



CASH



CHEQUE



DEMAND DRAFT



**DEBIT / CREDIT CARD /
INTERNET BANKING**

ACCOUNT NAME	- SHAHAZAD ALI
BANK NAME	- HDFC BANK
ACCOUNT NO	- 50100096136312
IFSC CODE	- HDFC0004074
BRANCH	-245, GUJRANWALA TOWN, PART-3, MAIN ROAD, DERAVAL NAGAR, DELHI-110009

FOR PAYMENT
PAYTM / UPI



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PGD in MGNT. OF LD (PGDMLD)

Prerna Sharma

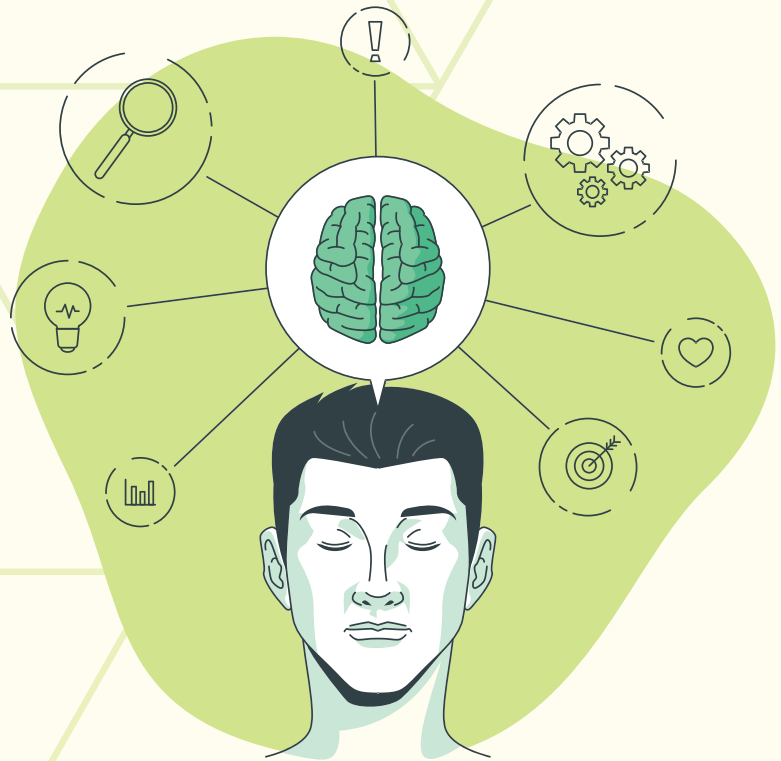
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Dr. Preeti Sharma

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**"Winners don't do different things,
they do things differently."**

-Shiv Khara

True mind WELLNESS

Psychological Counselling Centre

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